

# STRESS RELIEF TREATMENT

**WEDNESDAY, MAY 9**

**9 a.m.-12 p.m. in the  
Lompoc Valley Center  
Building 1 first floor**

***Stop by to de-stress and de-  
compress with Student Health  
Services!***

- Receive a free acupuncture treatment from Dr. Herb Kandel. Treatment by drop in only.
- Visit a Health Services table to play with kinetic sand, grab a coloring book, or smell some essential oils.
- We are here to support you during finals week. Stop by!
- You may even get the chance to pet therapy dogs to unwind and enjoy some puppy kisses and tail wags.



[www.hancockcollege.edu](http://www.hancockcollege.edu)

**Santa Maria campus**

800 South College Drive - Bldg W-12  
Santa Maria, CA 93454-6399

**Call:** 922-6966 ext. 3212

**Lompoc Valley Center**

One Hancock Drive - Bldg 1-109  
Lompoc, CA 93436

**Call:** 735-3366 ext. 5207



Start here. Go anywhere.

**Toll-free: 1-866-DIAL AHC (342-5242)**