

Heartsaver[®]
American Heart Association
First Aid, CPR, AED

First Aid Lessons

1. First Aid Basics
2. First Aid Basics: Taking *Off* Gloves Practice
3. First Aid Basics Continued
4. First Aid Basics: Finding the Problem
5. First Aid Basics: Finding the Problem Practice
6. First Aid Basics: Summary and Review
7. Medical Emergencies
8. Medical Emergencies: Epinephrine Pen Practice
9. Medical Emergencies Continued
10. Medical Emergencies: Review
11. Injury Emergencies
12. Injury Emergencies: Stopping Bleeding Practice
13. Injury Emergencies Continued
14. Injury Emergencies: Splinting (Optional)
15. Injury Emergencies Continued
16. Injury Emergencies: Review
17. Environmental Emergencies
18. Environmental Emergencies: Review and First Aid Summary

Skills Practice

Taking *Off* Gloves

Finding the Problem

Using an Epinephrine Pen

Stopping Bleeding

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CPR AED Lessons

Adult

1. Introduction
2. Compressions
3. Prepare to Give Breaths
4. Give Breaths
5. Use a Mask
6. Compressions and Give Breaths (With a Mask)
7. Use an AED
8. Assess and Phone
9. Put It All Together
10. CPR AED Practice
11. Choking
12. Summary

Child

1. Introduction
2. CPR AED Practice
3. Choking
4. Summary

Infant

1. Introduction
2. Compressions
3. Give Breaths
4. Compressions and Give Breaths
5. Assess and Phone
6. Put It All Together
7. CPR Practice
8. Choking
9. Give Breaths with a Mask (Optional)

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Skills Practice

Adult CPR AED

Compressions

Give Breaths

Use a Mask

Compressions and Give Breaths (With a Mask)

Put It All Together

Child CPR AED

Put It All Together

Infant CPR

Compressions

Give Breaths

Put All Together

Give Breaths with a Mask