

HUSV 110: Culturally Responsive Curriculum

Chapter 1: The Role of the Mental Health Professional in Prevention and Treatment

Activity: Exploring Stereotypes and Biases Against Substance Use Disorder

This activity aims to create a safe and reflective environment for students to examine and challenge their preconceived notions about substance use disorder, ultimately fostering a more compassionate and informed perspective.

Chapter 2: Classification of Drugs

Activity: Assign students a drug classification for them to research questions using this [Fentanyl resources](#)

Lecture: Provide the updated [classification](#) schedule of drugs.

Discuss the importance of the fentanyl epidemic, which is not noted in the textbook, and show [Benzo Dope and Tranq: The Next Wave of the Overdose Crisis](#)

Chapter 3: Models of Addiction

Activity: Watch [Everything you think you know about addiction is wrong | Johann Hari | TED](#) and discuss how it relates to the models of addiction we have covered in lecture. Discuss which model(s) it highlights or integrates.

Lecture: [Cultural Models of Substance Use Risk and Attributed Stigma: A Comparison of Young Adults in Brazil and the United States](#)

Chapter 4: Culturally and Ethnically Diverse Populations

Activity: Analyzing the Importance of Cultural Adaptation in Substance Abuse Treatment.

Students will read the two short articles and discuss the importance of cultural adaptation in Substance Use Disorder Treatment.

This activity aims to deepen students' understanding of the crucial role cultural adaptation plays in substance abuse treatment and to equip them with the knowledge and strategies needed to provide culturally competent care.

Culturally Adapted Approaches in Substance Use Disorder Treatment: Serving Under-Resourced Populations

Does Cultural Adaptation Have a Role in Substance Abuse Treatment?

Lecture: Add in conversations of the 5 of the world's most mind-bending drug cultures in addition to the drugs that are mentioned in the text.

Chapter 5: Confidentiality and Ethics

Activity: [You're Doing It Wrong: The evolution of cultural competence | Raquel Martin | TEDxRutgersCamden](#). Discuss why what is presented in the video is significant to following ethical codes.

Lecture: Watch [Common Dilemmas in the Ethical Treatment of Inpatients with Substance Use Disorders](#) and have students brainstorm or share other possible experiences for specific marginalized groups that suffer from addiction.

Chapter 6: Screening, Assessment, and Diagnosis

Activity: Recognizing and Addressing Stereotypical Bias for addicts in Healthcare:

- This activity aims to create awareness and understanding of the pervasive issue of stereotypical bias in healthcare and to equip students with strategies to recognize and mitigate these biases to provide equitable treatment for all patients.
- Case studies will be provided that highlight varying demographics and cultures, students will analyze the treatment they are receiving based on the individual's qualities that are presented.

Lecture: Will review and discuss article in class and use for class activity. [RACIAL AND ETHNIC DISPARITIES IN DIAGNOSIS AND TREATMENT: A REVIEW OF THE EVIDENCE AND A CONSIDERATION OF CAUSES](#)

Chapter 7: Motivational Interviewing and Brief Interventions

Activity: Read Culture and motivational interviewing

Practicing Motivational Interviewing with Marginalized Populations

- To help students practice and develop skills in motivational interviewing (MI) tailored to different marginalized populations seeking help for addiction.
- provide students with practical experience in adapting motivational interviewing techniques to effectively support individuals from diverse and marginalized backgrounds seeking help for addiction.

Lecture: **BECOMING MULTICULTURAL: USING THE POWER OF THE TRANSTHEORETICAL MODEL OF CHANGE**

Chapter 8: Treatment of Alcohol and Other Drugs (AOD)

Lecture: Handout Cultural Considerations in Addiction Treatment and review together as a class.

Review different populations and treatment options in addiction to what is covered in the chapter.

- Cultural interventions to treat addictions in Indigenous populations: findings from a scoping study
- **Culturally Responsive, Trauma Informed and Evidence-Based approaches for supporting adolescents with substance use disorders (SUD) in schools**

Chapter 9: Co-occurring Disorders and Other Special Populations

Activity: Utilizing the article covered in lecture, pick from the list of articles to reach and analyze: Special populations. Identify what kind of drug culture exists within that population.

Lecture: Review definitions and introduction of drug culture by reading the article, Drug Cultures and the Culture of Recovery.

Chapter 10: Relapse Prevention

Activity: Highlighting Relapse Prevention Approaches for Different Groups

- To help students understand the importance of tailoring relapse prevention strategies to different groups and practice developing these strategies.
- provide students with practical experience in developing and implementing relapse prevention strategies tailored to the needs of diverse and marginalized populations.
- Students will develop an assessment of client needs and relapse prevention for the group they are assigned.

Lecture: Review lesson and article below to discuss the many factors that contribute to substance abuse and the need for acknowledgement for specialized treatment and prevention.

[Culture and Substance Abuse: Impact Culture Affects Approach to Treatment](#)
[Delivering Culturally Responsive Prevention Services](#)